# Zoom Participant Best Practices

#### Be Prompt



Be on time to each Zoom session.

#### Be Respectful



Show respect to peers and instructors by being actively engaged in each lesson.

#### Be Flexible



Understand technical difficulties sometimes arise. Be patient and flexible with changes.

#### Reduce Distractions



Connect to each Zoom session from a quiet, distraction free space.

#### Do Not Multitask



Avoid engaging in other tasks during Zoom sessions. Be present and engaged.

#### Close Email



Avoid responding to email during Zoom sessions unless it's an emergency.

## **Technical Considerations**

#### Use Camera



Always turn on your video camera and actively engage in each Zoom session.

### Do Not Backlight



Use front facing light. Avoid backlighting when possible.

#### Use Headset



For best audio quality, plan to use a headset during each Zoom session.

#### Self-mute



When not actively speaking, mute yourself to avoid background noise.